



VIRTUAL
INGENUITY, LLC

Saying YES to Life Opportunities

Show Notes

In this episode of The Virtual Ingenuity Business Podcast, Claudine Land, Business Strategist of Virtual Ingenuity, LLC, and Julie Jones, owner of The Adventures of Julie Jones discuss discovering your passion and recognizing the perfect moments to seize life's opportunities.

As a former police officer and SWAT member, Julie knows that there is no promise of tomorrow, and coaches individuals to face the fear and take massive inspired action. Julie Jones is an Award-Winning Speaker, an International Bestselling Author of six books, and a Productivity & Breakthrough Coach, who is certified as a facilitator in the Working Genius. Julie hosts her own podcast, Get S#*t Done, and produces a TV show, Stop Waiting Start Living, on the Zondra Network. Julie is passionate about supporting overworked and overwhelmed individuals in getting off the hamster wheel of do, do, do. Live a life without regret, and have the courage to be who you are meant to be.

Embrace your fears and fully embrace the present; it's a phrase we often come across, but putting it into practice can be challenging. So how exactly can we achieve that? Discover the art of living in the moment, infused with enjoyment, and unlock the potential to elevate your life to new heights.

Listen as we discuss:

- Where has saying Yes in your life and business been the biggest benefit?
- How do you know whether to say yes or no?
- Why are you so passionate about speaking in this arena?
- Has there been a time when saying YES has not been beneficial?
- Is there such a thing as work/life balance?

We close by asking Julie if our listeners could have one take-a-away from what we talked about today, what is that one takeaway, and what is the one piece of advice she wished someone had given her when starting her business.

Learn more about The Adventures of Jullie Jones:

- Website: <https://www.juliejones.biz/>
- LinkedIn: <https://www.linkedin.com/in/gsdcoach/>
- Facebook: <https://www.facebook.com/GSDjulie.jones>
- Instagram: <https://www.instagram.com/adventuresofjuliejones/>

Tune in to additional episodes of The Virtual Ingenuity Business podcast on [Apple Podcast](#) and [Spotify](#). We would love it if you like, subscribe, rate, and comment.

- Apple Podcast: <https://podcasts.apple.com/us/podcast/the-virtual-ingenuity-business-podcast/id1644909518>
- Spotify: <https://open.spotify.com/show/43s0aubuQOxnjXoqqAnjlp>

Be sure to visit Virtual Ingenuity at: <https://virtualingenuityllc.com/>

Virtual Ingenuity, LLC provides optimized marketing, brand consulting, and strategic planning to boost your company's visibility, productivity, and growth.

Thank you for listening. Let's impact together!

[Virtual Ingenuity, LLC](#)